

Recipes

MY COOKBOOK

RECIPE Tuscan chicken mac + cheese

Mains

Example page: delete me ☺



PREP TIME: 5 minutes?

COOK TIME: 45 minutes

SERVINGS: 8

NOTES

Next time try adding more sun dried tomato! Also, can add spinach as well. It was delicious, my favorite mac + cheese so far.

INGREDIENTS

- ✓ Shredded cheese (mozzarella)
- ✓ Elbow pasta
- ✓ Sun dried tomato - 8 oz
- ✓ Half and half
- ✓ 2 Chicken breasts
- ✓ Paprika
- ✓ Salt + pepper
- ✓ Italian spices mix
- ✓ Butter
- ✓ Garlic
- ✓ Onion
- ✓ Parsley
- ✓ Olive oil
- ✓ Garlic bread (optional)

Ran out - buy more



INSTRUCTIONS

Season the chicken with paprika, salt, pepper, and garlic. Cook with olive oil, cut, and then set aside. Dice an onion and a garlic clove. With butter on pan add these and cook until translucent. Add sun dried (or canned) tomatoes and mix well. Add half and half, bringing to a simmer. Add Italian spices and elbow pasta to sauce. Cook the pasta until 'al dente' and then add the shredded mozzarella (and/or other cheeses), mixing well on low heat. Plate with chicken, parsley, and garlic bread.



Breakfast

Mains

Soup

Salad

Snack

Dessert

Drinks

Other

◆ NOTES



Breakfast

Mains

Soup

Salad

Snack

Dessert

Drinks

Other

RECIPE

Breakfast



PREP TIME:

COOK TIME:

SERVINGS:

NOTES

INGREDIENTS

INSTRUCTIONS

Breakfast

Mains

Soup

Salad

Snack

Dessert

Drinks

Other

RECIPE

Mains



PREP TIME:

COOK TIME:

SERVINGS:

NOTES

INGREDIENTS

INSTRUCTIONS

Breakfast

Mains

Solid

S

snack

Desert

Drinks

Other

RECIPE

Soup



PREP TIME:

COOK TIME:

SERVINGS:

NOTES

INGREDIENTS

INSTRUCTIONS

Breakfast

Mains

Solid

Salas

snack

Desert

Dinks

Other

RECIPE

Salad



PREP TIME:

COOK TIME:

SERVINGS:

NOTES

INGREDIENTS

INSTRUCTIONS

Breakfast

Mains

Soup

Salad

Snack

Dessert

Drink

Other

RECIPE

Snack



PREP TIME:

COOK TIME:

SERVINGS:

NOTES

INGREDIENTS

INSTRUCTIONS

Breakfast

Mains

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snack

Desert

Drinks

Other

RECIPE

Dessert



PREP TIME:

COOK TIME:

SERVINGS:

NOTES

INGREDIENTS

INSTRUCTIONS

Breakfast

Mains

Solid

Salad

Snack

Dessert

Drinks

Other

RECIPE

Drinks



PREP TIME:

COOK TIME:

SERVINGS:

NOTES

INGREDIENTS

INSTRUCTIONS

Breakfast

Mains

Solaris

Salao

Snack

Dessert

Drinks

Other

RECIPE

Other



PREP TIME:

COOK TIME:

SERVINGS:

NOTES

INGREDIENTS

INSTRUCTIONS

Breakfast

Mains

Solid

S

snack

Desert

Drinks

Other